



YUN JUNG DO INTERNATIONAL

DEVELOPMENT OF KICKS

Grade	Tul	Basic Kick (Rear Leg)	Front Leg Kick	Jumping (Twimyo)
10 Yellow	Saju Bang Ur Saju Kong Gyuk Saju Ban Gyuk			
9 Green Tip	Kibon Tul	Front Snap Kick (Ap Chagi)		
8 Green	Dan Jun Tul	Turning Kick (Dollyo Chagi)	Front Snap Kick	
7 Blue Tip	Bhar Ah Tul	Side Kick (Yop Chagi)	Turning Kick	Front Snap Kick
6 Blue	Yorng Marnng Tul	Back Kick (Dwit Chagi)	Side Kick	Turning Kick
5 Red Tip	Do Yha Tul	Twist Kick (Bitura Chagi)	Stepping Back Kick	Side Kick
4 Red	Kyum Yang Tul	Axe Kick (Chiga Chagi)	Twist Kick	Back Kick
3 Black Tip	Ye Gee Tul	Reverse Turning Kick (Bandae Dollyo Chagi)	Axe Kick	Twist Kick
2 Black	Jah Shin	Reverse Hook Kick (Bandae Guddur Chagi)	Stepping Reverse Turning Kick	Axe Kick
1 Grey Tip	Geuk Gee	Crescent Kick	Hook Kick	Reverse Turning Kick
Dan Grey	Moo Kong	All Above	Crescent Kick + All Above	Reverse Hook Kick, Reverse Crescent Kick, Front Hook Kick, etc + All Above